

*Live Life In Balance*

# **Balanced Body Solutions** FEMALE MEMBERSHIP

*Helping you live, feel and function - in balance*



# Balanced Membership - Female Edition

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## *Science-Backed Wellness Rooted in You*

### Who It's For:

Women who are navigating midlife, perimenopause, or simply feeling *off*, tired, inflamed, stressed, and stuck in a cycle of frustration. Whether you're battling hormonal imbalance, weight resistance, or chronic symptoms, this membership is designed to restore your balance and vitality.

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### What You Get:

- Personalized Care Plan based on labs, history, and symptoms (*including thyroid + hormone panel based on membership*)
  - Routine 3-6 month check-ins with a licensed provider
  - 10% OFF Weight Loss injections in office or Commercial Weight loss Membership
  - 10% OFF IV therapy services
  - 10% Peptides
  - Ongoing Messaging Access for support between visits
  - 20% OFF Designs for Health medical grade supplements
  - Priority Booking & Concierge Scheduling
  - Exclusive Wellness Perks & Education
  - 90-day prescriptions standard unless (otherwise stated by your provider)
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### Common Goals We Support:

- Sleep support & fatigue relief
  - Perimenopause & menopause transitions
  - Thyroid & metabolic function
  - Sustainable weight loss and nutrition guidance (no fads, just facts)
  - Mood, motivation & mental clarity
  - Libido, inflammation, digestion, and cycle regulation
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## What's **NOT** Included:

While your Balanced Membership offers an incredible foundation of ongoing support, the following services and products are **not included** in the monthly fee and will be billed separately if needed or chosen:

- **Specialized Functional Medicine testing or labs not listed above**
- **Prescription Medications or Compounds** (we utilize your commercial pharmacy of choice for most hormones, Testosterone will be ordered from one of our trusted compound pharmacies for easy female dosing)
- **Advanced or Additional Office Visits in addition to included F/U 4 times per year**
- **Medical Procedures, Primary Care Services or Referrals Outside of Balanced Body Solutions**

*\*Additional fee may apply for non-routine concerns outside the visit, at the provider's discretion*

## Monthly Investment

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### Hormone Therapy only

- \$150/monthly (billed via autopay)
- \$1,700/year (paid in full, includes \$100 off)

### Hormone Therapy & Thyroid

- \$199/monthly (billed via autopay)
- \$2288/year (paid in full, includes \$100 off)

No long-term contract. Just care that meets you where you are and evolves with you.

Cancel anytime with 30 days written notice to Balanced Body Solutions. Autopay will continue until cancellation is received via phone or email and confirmed.

**Membership Pricing:** We review pricing annually and may adjust rates based on lab and operational costs.

- *Annual members:* Your rate is locked in until renewal.
- *Monthly members:* We'll provide advance notice before any changes.

## Important Notes

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- **Refill requests:** Refills must be requested **outside of scheduled visits** and require an **active membership**.
- **Follow-Up & Labs:** We do our best to send reminders, but it's your responsibility to stay up to date on labs and follow-up appointments to avoid gaps in care or medication access.

*At Balanced Body Solutions, we're committed to transparency. Any additional costs will be clearly outlined in your care plan, with no surprise fees. You're always in control of what you choose to pursue.*

*Ready to feel like yourself again?  
Let's uncover the root cause together and create lasting change.*